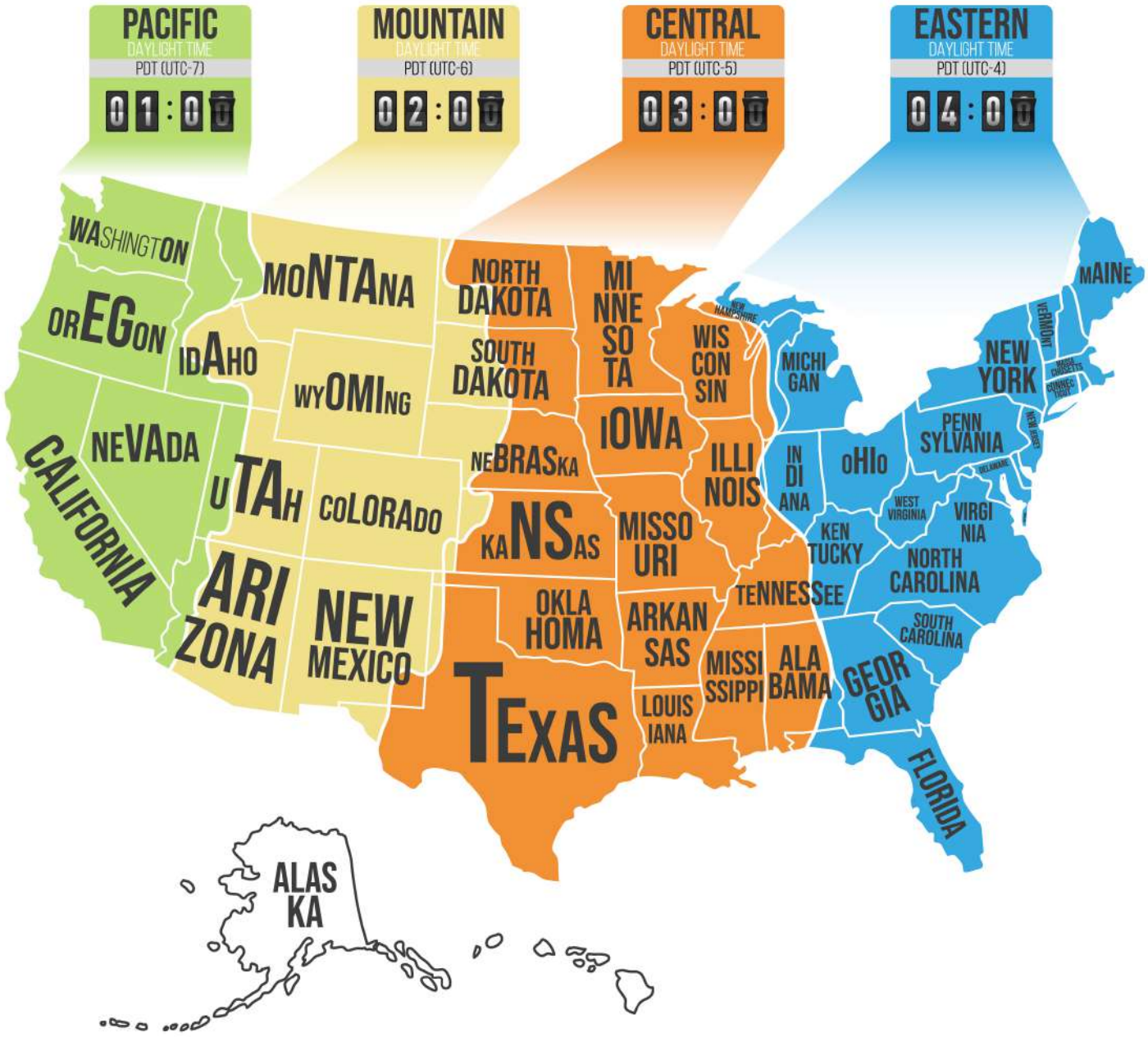
PACIFIC
DAYLIGHT TIME
PDT (UTC-7)
01:00
MOUNTAIN
DAYLIGHT TIME
PDT (UTC-6)
02:00
CENTRAL
DAYLIGHT TIME
PDT (UTC-5)
03:00
EASTERN
DAYLIGHT TIME
PDT (UTC-4)
04:00
WASHINGTON
OREGON
CALIFORNIA
IDAHO
NEVADA
MONTANA
WYOMING
UTAH
COLORADO
ARIZONA
NEW MEXICO
NORTH DAKOTA
SOUTH DAKOTA
NEBRASKA
KANSAS
OKLAHOMA
TEXAS
MINNESOTA
IOWA
MISSOURI
ARKANSAS
LOUISIANA
WISCONSIN
ILLINOIS
MICHIGAN
INDIANA
OHIO
KENTUCKY
TENNESSEE
MISSISSIPPI
ALABAMA
GEORGIA
FLORIDA
SOUTH CAROLINA
NORTH CAROLINA
VIRGINIA
WEST VIRGINIA
PENNSYLVANIA
NEW YORK
VERMONT
NEW HAMPSHIRE
MAINE
ALASKA